2-DAY TRAVEL GUIDE

2 Days in Fukuoka Itinerary: Hakata, Dazaifu & Itoshima

A realistic 2-day Fukuoka itinerary covering Fukuoka Castle, teamLab Forest, BOSS E□ZO, Fukuoka Tower, Hakata and Nakasu, with a choice of Dazaifu, Itoshima or Uminonakamichi.

AT A GLANCE

01 *Day One*

Fukuoka Highlights: Fukuoka Castle, teamLab Forest & Hakata

Fukuoka Castle Ruins & □hori Park / teamLab Forest Fukuoka / Fukuoka Tower

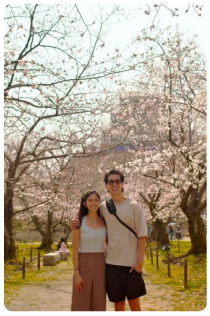
02 *Day Two*

Pick Your Adventure

- OPTION A — Dazaifu Day Trip: Tenmangu, Kyushu...
- OPTION B — Itoshima Day Trip: Couple Stones, Keya &...
- OPTION C — Uminonakamichi Seaside Park & Marine...

MAIZURU PARK · MOMOCHI · HAKATA

Day One: Fukuoka Highlights: Fukuoka Castle, teamLab Forest & Hakata



STOP 1 / 8:30 AM

Fukuoka Castle Ruins & □hori Park

Fukuoka Castle is mostly stone walls, gates, and elevated viewpoints now, but those remains make Maizuru Park much more interesting to wander. This was als...

BOOK THIS STOP >

STOP 2 / 11:00 AM

teamLab Forest Fukuoka

Think of teamLab Forest Fukuoka as a sister experience to Japan's famous teamLab attractions, with its own playful focus on animals and movement. You can capture digital creatures, balance, climb, and jump through responsive...

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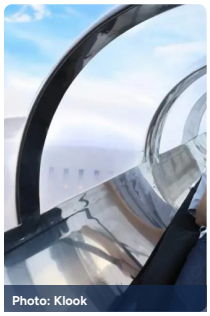


STOP 3 / 12:30 PM

BOSS E□ZO FUKUOKA

Inside BOSS E□ZO FUKUOKA, you can choose between rooftop thrill rides, VR games, baseball attractions, Sanrio experiences, and teamLab Forest beside Mizuho PayPay Dome. One highlight is SUBE-ZO, a 100-meter tube slide that...

BOOK THIS STOP >

STOP 4 / 2:00 PM

Fukuoka Tower

Fukuoka Tower rises 234 meters beside Hakata Bay, with a mirrored triangular exterior that earned it the nickname "Mirror Sail." The observation room sits 123 meters above the waterfront and opens up a wide view over the city,...

BOOK THIS STOP >

STOP 5 / 4:00 PM

Tochoji Temple

Tochoji is one of Hakata Old Town's most striking temple stops, with a bright five-story pagoda and the enormous wooden Fukuoka Daibutsu hidden inside. The contrast between the quiet grounds and the surrounding city makes it...

BOOK THIS STOP >

STOP 6 / 5:00 PM

Kushida Shrine

Kushida Shrine is Hakata's guardian shrine, tucked into a peaceful courtyard near the old merchant streets. I loved how calm and beautiful the compact grounds felt, especially the carved main hall, sacred gingko tree, and...

BOOK THIS STOP >

STOP 7 / 6:00 PM

Fukuoka Nakasu River Cruise

The Nakasu River Cruise is a quick 30-minute boat ride that gives you a completely different view of central Fukuoka. It slips past Canal City, the...

BOOK THIS STOP >

STOP 8 / 7:00 PM

Nakasu Yatai Food Stalls

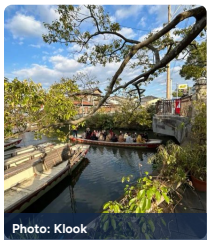
Nakasu's yatai are tiny open-air food stalls lining the river at night, where everyone squeezes shoulder to shoulder around the counter. The Hakata-style ramen at this random yatai was PERFECT Genuinely one of the best...

BOOK THIS STOP >

CHOOSE YOUR ROUTE

Day Two: Pick Your Adventure

OPTION A — Dazaifu Day Trip: Tenmangu, Kyushu Museum & Tenjin



STOP 1 / 9:00 AM

Dazaifu Tenmangu

Dazaifu Tenmangu is an active Shinto shrine devoted to Tenjin, the deity of learning and culture. Follow the...

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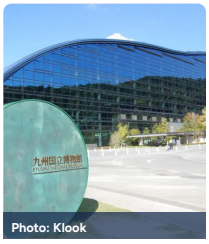

STOP 2 / 11:00 AM

Kyushu National Museum

Right beside Dazaifu Tenmangu, Kyushu National Museum is a gorgeous curved-glass museum showing how centuries of...

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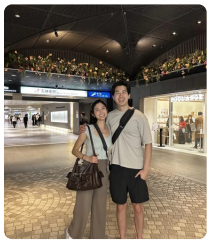


STOP 3 / 3:00 PM

Tenjin Underground Mall

Tenjin Underground Mall turns the center of Fukuoka into a long, elegant underground shopping route filled with fashion, cosmetics, cafes, bakeries,...

STOP 4 / 4:30 PM

I'm donut?

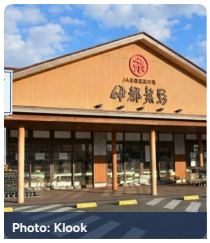
I'm donut? became my favorite donut stop almost immediately. The donuts are unbelievably bouncy and fluffy, and the creams are flavorful without being...

STOP 5 / 7:00 PM

Motsunabe Maedaya

Motsunabe Maedaya is where you can try one of Fukuoka's most comforting specialties: a hot pot made with offal, or organ meat-usually beef or pork...

OPTION B — Itoshima Day Trip: Couple Stones, Keya & Shiraito Falls



STOP 1 / 9:00 AM

Ito Sai Sai Farmers Market

Ito Sai Sai is a huge local farmers market and an easy first stop when you drive into Itoshima. You can buy produce,...

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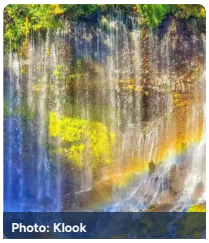

STOP 2 / 10:30 AM

Shiraito Falls

After stocking up at Ito Sai Sai, head into the mountains for Shiraito Falls. You can watch the water fan down the dark rock...

BOOK THIS STOP >

CHOOSE YOUR ROUTE

Day Two: Pick Your Adventure

Continued - choose Option A, Option B, or Option C

OPTION B — Itoshima Day Trip: Couple Stones, Keya & Shiraito Falls - continued

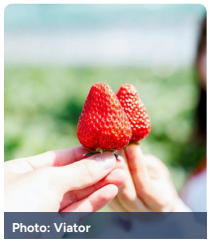
Photo: Viator

STOP 3 / 12:30 PM

Itoshima Berry Farm

Strawberry picking is a seasonal Itoshima treat, and this long-running farm lets you taste ripe berries right in...

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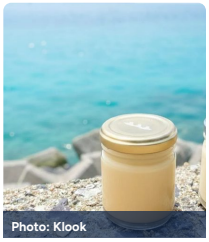
Photo: Klook

STOP 4 / 2:00 PM

Mataichi Salt Maker

Mataichi Salt Maker is a rustic seaside workshop where you can see Itoshima seawater slowly turned into handmade...

BOOK THIS STOP >

STOP 5 / 3:00 PM

Keya no Oto

Keya no Oto brings a much wilder side to Itoshima, with dark basalt columns rising above the sea around a huge coastal...

BOOK THIS STOP >

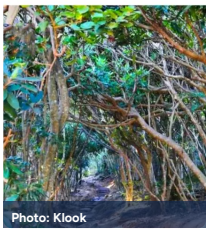
Photo: Klook

STOP 6 / 4:30 PM

Keya Totoro Forest

Right beside Keya no Oto, you can follow a short tunnel of wild camellia trees that locals nicknamed Totoro Forest. The...

BOOK THIS STOP >

STOP 7 / 5:30 PM

Sakurai Futamigaura: Itoshima Couple Stones

Sakurai Futamigaura is Itoshima's iconic white torii standing in the sea before tw...

BOOK THIS STOP >

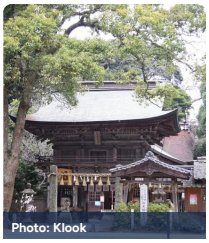
Photo: Klook

STOP 8 / 7:00 PM

Sakurai Shrine & Sakurai Daijingu

After seeing the Couple Stones, head inland to Sakurai Shrine for a quieter...

BOOK THIS STOP >

OPTION C — Uminonakamichi Seaside Park & Marine World

STOP 1 / 9:30 AM

Uminonakamichi Seaside Park

Uminonakamichi Seaside Park is ENORMOUS-there are seasonal flower...

BOOK THIS STOP >

Photo: Klook

STOP 2 / 1:00 PM

Marine World Uminonakamichi

Marine World Uminonakamichi brings Kyushu's ocean habitats together in hug...

BOOK THIS STOP >