

3-DAY TRAVEL GUIDE

3 Day Rome Itinerary: Pantheon, Colosseum & Vatican City

A 3 day Rome itinerary with the Pantheon, ancient Rome and the fountains, Vatican City and Trastevere, then a day for shopping and eating.



AT A GLANCE

01*Day One***Ancient Rome**

Arrive in Rome / Pantheon / Colosseum

02*Day Two***Vatican City & Trastevere**

Barnum / Vatican Museum / St. Peter Square

03*Day Three***Shopping & the Historic Centre**

Piazza Navona / All'Antico Vinaio / Beauty shopping at Farmacia Senato Crisera Guglielmo

CENTRO STORICO · COLOSSEO · TREVI

Day One: Ancient Rome

Today we're starting at the Pantheon, then walking into the ancient core for the Colosseum, Forum and Palatine Hill. From there we'll continue to the Altar of the Fatherland, Trevi Fountain and the Spanish Steps before dinner at Campo de' Fiori.



STOP 1 / 8:00 AM

Arrive in Rome

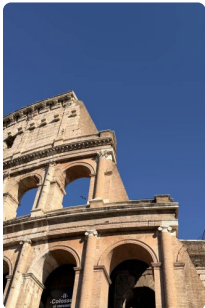
We came into Rome by train from Florence which was about 1 hour 35 minutes. We bought Italo tickets online. Finding stations and finding your train platform is especially simple with Italo. You can use the link below to find...

[BOOK THIS STOP >](#)


STOP 2 / 10:00 AM

Pantheon

The Pantheon is one of the most well-preserved ancient Roman temples in the world. It's known for its perfectly symmetrical shape - 43 meters in height and in width. The only light comes through the oculus, a nine-meter hole...

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STOP 3 / 11:00 AM

Colosseum

The Colosseum is Rome's enormous ancient amphitheater, and a standard visit includes the 1st and 2nd levels and the Colosseum Museum. You can upgrade to see the arena floor or the underground hypogeum as well. I really...

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STOP 4 / 12:30 PM

Roman Forum and Palatine Hill

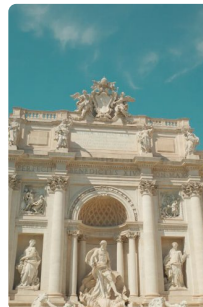
The Roman Forum is the sprawling field of ruins at the heart of ancient Rome, where public life unfolded for more than a thousand years. From there, you'll...

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STOP 5 / 3:30 PM

Altar of the Fatherland

The Altar of the Fatherland is an ENORMOUS white marble monument in the center of Rome, built for Italy's first king, Vittorio Emanuele II. It has held the country's Tomb of the Unknown Soldier since 1921, and the guard there...



STOP 6 / 4:30 PM

Trevi Fountain (Fontana di Trevi)

The Trevi Fountain marks the end of the ancient Aqua Virgo aqueduct, with the god Oceanus riding a shell-shaped chariot through a dramatic cascade of...

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STOP 7 / 5:00 PM

Spanish Steps

The Spanish Steps are a grand Baroque staircase that climbs from Piazza di Spagna toward the Pincio, with a lovely view waiting at the top. I walked all the way up, and the view over the piazza was well worth pausing for once...



STOP 8 / 6:00 PM

Osteria da Fortunata

Osteria da Fortunata is a handmade-pasta restaurant, where you can literally see the chefs making fresh pasta every morning. Their carbonara is creamy, flavorful and honestly ADDICTING, with really good crispy bacon. We...

VATICANO · BORGO · TRASTEVERE

Day Two: Vatican City & Trastevere

Today we're doing the Vatican, and we're starting with pastries at Barnum. Then the museums, St Peter's Square, and the basilica with the dome climb. We'll come back over the river to Castel Sant'Angelo for the view from the terrace, then drift into Trastevere for the evening and dinner at CULTO.



STOP 1 / 8:00 AM

Barnum

Barnum is a coffee and breakfast spot on Via del Pellegrino, a block off Campo de' Fiori. The coffee comes from selected plantations, and the counter beside it carries house-made sweets and fresh juice. The cornetti are what...



STOP 2 / 9:30 AM

Vatican Museum

The Vatican Museums are one long route through the papal collections, and it finishes inside the Sistine Chapel. You pass room after room of painted ceilings and walls that you could literally stair at...

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STOP 3 / 1:30 PM

St. Peter Square

St. Peter's Square is the huge oval plaza in front of St. Peter's Basilica, wrapped by two semicircular colonnades built from 284 columns that carry 140 statues over three meters tall. Bernini laid it out...

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STOP 4 / 2:30 PM

St. Peter's Basilica and dome climb

St. Peter's Basilica is the enormous church at the heart of Vatican City, and visiting it really feels like two experiences in one. First, you can explore the basilica...

[BOOK THIS STOP >](#)


STOP 5 / 5:30 PM

Castel Sant'Angelo

Castel Sant'Angelo is the massive round fortress overlooking the Tiber, and today it's a national museum that you explore as you climb. The route follows the Dromos, an ancient spiral ramp, up to...

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STOP 6 / 7:30 PM

Trastevere

Trastevere is the lively neighborhood across the Tiber, with a maze of narrow alleys and small piazzas full of trattorias and taverns serving classic Roman food. I recommend joining a food tour so a...

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STOP 7 / 9:00 PM

CULTO

CULTO is a cocktail bar in the heart of Trastevere with some DELICIOUS plates. Every plate we had was better than the last - I'm not sure how! We sat outside in the small courtyard in front and enjoyed multiple drinks and a...

CENTRO STORICO · MONTI · CAMPO DE' FIORI

Day Three: Shopping & the Historic Centre

Today we're shopping and eating our way across Rome. We'll start near Piazza Navona for a sandwich, beauty shopping and gelato, then head to Monti for the vintage shops. We're ending with cocktails at Wisdomless Club before the airport train.

01

STOP 1 / 9:30 AM

Piazza Navona

Piazza Navona is a long, lively square in the heart of Rome, framed by three beautiful fountains. Bernini's Fountain of the Four Rivers takes center...



STOP 2 / 11:00 AM

All'Antico Vinaio

All'Antico Vinaio is a popular sandwich counter just two minutes from the Pantheon, where they bake fresh schiacciata every day and fill it right in...



STOP 3 / 2:00 PM

Beauty shopping at Farmacia Senato Crisera...

Farmacia Senato is a large pharmacy just behind Piazza Navona, with an entire wall of skincare and beauty brands like Avène, Filorga, Lierac, Klorane,...



STOP 4 / 3:00 PM

Gelateria La Romana dal 1947

Gelateria La Romana is a gelato counter just a short walk from Campo de' Fiori and Piazza Navona. The cones are the fun part: each one gets coated on...



STOP 5 / 4:00 PM

Thrifting at Monti

Monti is the neighborhood just north of the Colosseum, a grid of narrow cobbled lanes where Rome's vintage dealers and independent boutiques cluster....



STOP 6 / 5:30 PM

Cocktails at Wisdomless Club

Wisdomless Club is a speakeasy bar and tattoo parlor and it's the perfect place to go if you're looking for a classy night out with delicious drinks!...



STOP 7 / 7:30 PM

Airport Train at Roma Termini

The Leonardo Express is Trenitalia's direct train from Roma Termini, the city's main station, to Fiumicino Airport. It runs...

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