

7-DAY TRAVEL GUIDE

7-Day Kyushu Road Trip: Fukuoka, Yufuin, Kumamoto, Takachiho & Kagoshima

[FIND A HOTEL IN KYUSHU >](#)

AT A GLANCE

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MAIZURU PARK · MOMOCHI · HAKATA

Day One: Fukuoka Highlights: Fukuoka Castle, teamLab Forest & Hakata



STOP 1 / 8:30 AM

Fukuoka Castle Ruins & Momochi Park

Fukuoka Castle is mostly stone walls, gates, and elevated viewpoints now, but those remains make Maizuru Park much more interesting to wander. This was als...

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STOP 2 / 11:00 AM

teamLab Forest Fukuoka

Think of teamLab Forest Fukuoka as a sister experience to Japan's famous teamLab attractions, with its own playful focus on animals and movement. You can capture digital creatures, balance, climb, and jump through responsive...

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STOP 3 / 12:30 PM

BOSS EDO FUKUOKA

Inside BOSS EDO FUKUOKA, you can choose between rooftop thrill rides, VR games, baseball attractions, Sanrio experiences, and teamLab Forest beside Mizuho PayPay Dome. One highlight is SUBE-ZO, a 100-meter tube slide that...

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STOP 4 / 2:00 PM

Fukuoka Tower

Fukuoka Tower rises 234 meters beside Hakata Bay, with a mirrored triangular exterior that earned it the nickname "Mirror Sail." The observation room sits 123 meters above the waterfront and opens up a wide view over the city...

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STOP 5 / 4:00 PM

Tochoji Temple

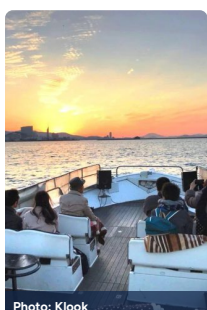
Tochoji is one of Hakata Old Town's most striking temple stops, with a bright five-story pagoda and the enormous wooden Fukuoka Daibutsu hidden inside. The contrast between the quiet grounds and the surrounding city makes it...

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STOP 6 / 5:00 PM

Kushida Shrine

Kushida Shrine is Hakata's guardian shrine, where everyday worship and the energy of the Hakata Gion Yamakasa festival come together. I loved how calm and beautiful the compact grounds felt-you're taking in the shrine...

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STOP 7 / 6:00 PM

Fukuoka Nakasu River Cruise

The Nakasu River Cruise is a quick 30-minute boat ride that gives you a completely different view of central Fukuoka. It slips past Canal City, the...

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STOP 8 / 7:00 PM

Nakasu Yatai Food Stalls

Nakasu's yatai are tiny open-air food stalls lining the river at night, where everyone squeezes shoulder to shoulder around the counter. The Hakata-style ramen at this random yatai was PERFECT. Genuinely one of the best...

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DAZAIFU · TENJIN · HAKATA

Day Two: Dazaifu Day Trip: Tenmangu, Kyushu Museum & Tenjin



STOP 1 / 9:00 AM

Dazaifu Tenmangu

Dazaifu Tenmangu is an active Shinto shrine devoted to Tenjin, the deity of learning and culture. And I LOVED the approach: you wander past bridges, ox statues, and thousands of plum trees before reaching the sanctuary. It...

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STOP 2 / 11:00 AM

Kyushu National Museum

Right beside Dazaifu Tenmangu, Kyushu National Museum is this gorgeous, sweeping curved-glass museum showing how centuries of movement, trade, and exchange with Asia shaped Japanese culture. And honestly? I had SO much...

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STOP 3 / 3:00 PM

Tenjin Underground Mall

Tenjin Underground Mall turns the center of Fukuoka into a long, elegant underground shopping route filled with fashion, cosmetics, cafes, bakeries, and even restaurants - they have everything here! This was honestly our safe...



STOP 4 / 4:30 PM

I'm donut?

I'm donut? became my favorite donut stop almost immediately. The donuts are unbelievably bouncy and fluffy, and the creams are flavorful without being too sweet. They are such a fun little break while you are already exploring...



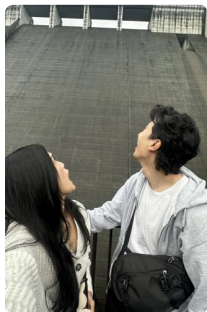
STOP 5 / 7:00 PM

Motsunabe Maedaya

Motsunabe Maedaya is where you can try one of Fukuoka's most comforting specialties: a hot pot made with offal, or organ meat-usually beef or pork intestines. It might sound strange at first, but definitely give it a try-you...

OYAMA · YUFUIN · BEPPU

Day Three: Yufuin, Beppu & Attack on Titan Statues



STOP 1 / 8:00 AM

Oyama Dam: Attack on Titan Statues

Oyama Dam turns a massive wall of concrete into one of Kyushu's coolest anime stops. Attack on Titan creator Hajime Isayama is from Hita, and bronze statues of young Eren, Mikasa, and...



STOP 2 / 10:00 AM

Lake Kinrin

Lake Kinrin is Yufuin's quiet little reset! Who would have thought such a peaceful escape with lake reflections, mountain views, and a small torii gate would sit right next to the bustling streets of Yufuin Floral Village! I...

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STOP 3 / 11:00 AM

Yufuin Floral Village

Yufuin Floral Village is a tiny storybook world of themed shops, cafés, and character-filled corners. I had so much fun browsing the Ghibli shop, finding Miffy treats, and stopping to feed the animals. It's playful,...

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STOP 4 / 1:00 PM

Cook yourself a meal using hot spring steam!

Jigokumushi Kobo lets you cook lunch yourself using steam straight from Beppu's natural hot springs. You load vegetables, eggs, seafood, or meat into...

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STOP 5 / 2:30 PM

Seven Hells of Beppu

The Seven Hells of Beppu feel like a geothermal color tour, with vivid blue, red, and earthy pools. You don't bathe here—you wander between surreal landscapes while steam rolls everywhere. I especially loved seeing all 7 Hells...

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STOP 6 / 6:00 PM

Umi no Hotel Hajime Onsen

Umi no Hotel Hajime gives you the relaxing side of Beppu after a day spent admiring springs that are far too hot to enter. I booked a private open-air bath overlooking the water, and it was SUCH a peaceful finish to the day....

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KUMAMOTO CASTLE

Day Four: Kumamoto: Castle, Basashi, and Kumamon!



STOP 1 / 9:00 AM

Kumamoto Castle

Kumamoto Castle's main keep is basically a modern museum inside that landmark black-and-white fortress, with massive stone walls surrounding you. The elevated route gives you this striking look across the grounds-and straight...

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STOP 2 / 11:30 AM

Sakura no Baba J-saien

Sakura no Baba J-saien is basically a castle-town-style welcome mat for Kumamoto Castle-you can eat, shop, and get your bearings before heading in. I loved wandering Sakuranokoji's super-easy-to-browse arcade, where the local...

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STOP 3 / 12:30 PM

Akaushi - Kumamoto Wagyu

Akaushi Dining Yoka-Yoka is right in central Kumamoto, and it's such an easy first hello to Akaushi-the red beef associated with the Aso region. You can go straight for the steak donburi, like I...



STOP 4 / 4:00 PM

Kumamon Square

Kumamon Square is Kumamon's downtown home base, with a stage, playful displays, and a shop absolutely packed with merch. We watched him literally dance his way through a music-filled, super interactive show-and yes,...

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STOP 5 / 5:30 PM

Basashi (Horse Sashimi) at Aoyagi

When in Kumamoto, you have to try basashi. Horse sashimi is their local delicacy and Aoyagi does it SO well. They serve it in multiple ways throughout a full seasonal kaiseki meal. We tried so many...

MOUNT ASO · OGUNI · KUROKAWA ONSEN

Day Five: Mount Aso, Nabegataki Falls & Kurokawa Onsen



STOP 1 / 8:30 AM

Kamishikimi Kumanoza Shrine

Kamishikimi Kumanoza Shrine leads up a lantern-lined staircase through mossy cedars toward a dramatic opening in the rock. We went on a misty morning, and i...

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STOP 2 / 11:00 AM

Daikanbo

Daikanbo is the big panoramic payoff on Mount Aso's northern caldera rim. From up here, you can see across the Aso Valley to the five central peaks, whose outline is often compared to a reclining Buddha. This view shows you...

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STOP 3 / 12:30 PM

Nabegataki Falls

At Nabegataki Falls, you can walk behind a wide curtain of water and look out through the cascade. The waterfall is tucked into the woods near Oguni, with a broad rocky recess that gives you a completely different view from...

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STOP 4 / 5:30 PM

Kurokawa Onsen Hopping

Kurokawa onsen hopping means wandering between ryokan in a yukata and slipping into outdoor baths beside rivers, forests, and even caves. We spent the afternoon bouncing from one bath to the next, and it honestly felt like the...

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STOP 5 / 7:00 PM

Stay at a Ryokan

Staying overnight at a ryokan lets you enjoy Kurokawa long after the day-trippers leave. I've stayed at all three linked below, listed in my order of preference: Ryokan Ichinoi, Inn Noshiyu, then Fumoto Ryokan. Ichinoi is my...

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AMANOIWATO · TAKACHIHO GORGE

Day Six: Takachiho: Sacred Shrines & Takachiho Gorge



STOP 1 / 10:30 AM

Amaterasu no Kakure Café

Amaterasu no Kakure Café is the sweetest little break between Amano Iwato Shrine and Amanoyasukawara. The menu has soft serve, drinks, and light bites, with SO many fun flavors to choose from. We grabbed colorful treats...



STOP 2 / 11:30 AM

Nagashi Somen at Chiho no Ie

Chiho no Ie turns lunch into a game: cold somen shoots down a bamboo channel, and you have to catch it with your chopsticks before dipping it in sauce. You're right in the forest with water...



STOP 3 / 1:00 PM

Takachiho Gorge

Takachiho Gorge is a wildly green canyon where patterned basalt cliffs rise around the Gokase River and Manai Falls—and I LOVED how unusual those formations looked. You can even row right up to the waterfall, which was such...

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STOP 4 / 4:00 PM

Takachiho Shrine

Takachiho Shrine feels wonderfully peaceful beneath its towering cedar trees near the center of town. You can wander among the wooden halls before returning for the nightly one-hour Kagura show, where masked dancers...

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SHIROYAMA · SENGAN-EN · SAKURAJIMA

Day Seven: Kagoshima: Sengan-en & Sakurajima Volcano



Photo: Kluck

STOP 1 / 7:30 AM

Shiroyama Observatory

Shiroyama Observatory gives you that classic Kagoshima view: the city below, Kinko Bay in the middle, and Sakurajima rising beyond it. You can ride the City View bus up or walk through the forest beneath enormous camphor...

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STOP 2 / 9:00 AM

Sengan-en

Sengan-en turns Sakurajima into part of the garden design. You can wander through the former Shimadzu residence, landscaped grounds, small museums, cafés, and craft shops without rushing. The history gives you real context for...

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STOP 3 / 12:00 PM

Kagoshima City Aquarium

Kagoshima City Aquarium brings the waters around southern Kyushu indoors in the most mesmerizing way. Whale sharks, rays, and schools of tuna circle the huge Kuroshio tank, while the smaller galleries move through coral reefs,...



Photo: Viator

STOP 4 / 2:30 PM

Sakurajima

Sakurajima is the active volcano staring back at Kagoshima from across the bay. A quick ferry ride puts you right on the island, where you can explore lava fields, observatories, the visitor center, and a wonderfully long...

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STOP 5 / 7:00 PM

Iconic Kagoshima Shaved Ice: Tenmonkan Mujaki

Tenmonkan Mujaki is the classic place to try Kagoshima's famous shirokuma shaved ice. The fluffy ice comes piled with fruit and drizzled with condensed...

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